



Scheduling & Fees

NAME _____ DATE _____

SCHEDULING

The empty boxes in the table below indicate our operating hours. Please indicate your availability in every box of the schedule table below by noting by the following:

For any ideal appointment times, please write:	IDEAL
For any times you're available, but it may not be an ideal time, please write:	AVAIL
For any times you're unavailable, please write:	NO

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8am							
9am							
10a							
11:30am							
12:30pm							
1:30pm							
2:30pm							
3:30pm							
4:30pm							
6pm							
7pm							
8pm							

FEE INFORMATION

- The Intake Appointment fee of \$75 is due at the beginning of the appointment.
- Weekly sessions with an Interning Therapist range from \$40-\$60.
- Weekly sessions with a Staff Therapist range from \$70-\$120.
- We are unable to go below \$40 for an Interning Therapist or \$70 for a Staff Therapist.
- If you begin counseling at MEND, you and your counselor will determine your counseling fee during the first session.
- We see clients on a weekly basis and only offer less frequent appointments if determined as appropriate to your care with your therapist and their supervisor.
- We do not take insurance.

PAIRING YOU WITH A THERAPIST

We know that fit matters, and many clients want to work with a particular therapist. At MEND, we do what we can to work with our clients to make pairings that will best serve our clients’ needs. If we can’t pair you with your preference, we will let you know, and we will also offer you an appointment time to give you the option of getting started.

With that in mind, please let us know of your preferences:

A therapist of color Y N

LGBTQ+ identified counselor Y N

Do you know the name of a therapist you hope to work with? If yes, who? _____

I can pay within the \$40 - \$60 fee range. Y N

I can pay within the \$70-120 fee range. Y N

Any other needs or preferences? _____

In the event MEND provides you with referrals, do you have insurance? Y N

Insurance Company _____

Plan _____

COUNSELING COMMITMENT

We believe healing and change most often occur slowly over time. MEND offers long-term counseling, and we give priority to clients who are seeking to commit to weekly, long-term work. How sure are you on a scale of 1 to 10 that you are able to commit to weekly therapy for up to one year?

1 2 3 4 5 6 7 8 9 10

not at all likely

moderately sure

definitely!